

Manny Noakes, Dip Nut & Diet PhD



Dr. Noakes graduated from Adelaide University in 1973 with a BSc, obtained her qualifications as a dietitian at Flinders University in 1977, and received her PhD in 2000. Manny is currently responsible for capability management for the Food Nutrition and Health Science Program at CSIRO – Australia’s national research agency. She has over 30 years’ experience in nutrition and has published over 140 scientific papers. Dr. Noakes has a strong interest in dietary patterns for weight management, including the role of protein and strategies to translate nutrition science for the community. She is co-author of the *CSIRO Total Wellbeing Diet*, which has sold over 1 million copies in Australia, and has received several awards in recognition of her research excellence, including two CSIRO medals and an Outstanding Achievement Alumni Award by Flinders University. Dr. Noakes is currently a member of the Australian Government’s Food and Health Dialogue.