

Amy Myrdal Miller, MS, RD



Amy Myrdal Miller, MS, RD, is an award-winning dietitian, farmer's daughter, published author and senior director of programs and culinary nutrition for strategic initiatives at The Culinary Institute of America (CIA). Amy leads planning for eight CIA conferences and leadership retreats each year focused on nutrition, health, wellness and sustainability for professional audiences.

Prior to joining the CIA, Amy led domestic marketing and health research efforts for the California Walnut Commission, directed nutrition education and nutrition marketing programs for Dole Food Company and conducted cardiovascular health research studies at the Rippe Lifestyle Institute in Shrewsbury, Massachusetts.

Amy was the 2013 recipient of the California Dietetic Association Excellence in Research award, a 2007 recipient of an ADDY award and the 2003 recipient of the Produce for Better Health Foundation Diamond Crystal Award. She is the co-author of *The Healthy Heart Cookbook for Dummies* and the executive editor of the *Dole 5 A Day Kids Cookbook*.

Amy is a member of the Academy of Nutrition and Dietetics and a past chair of the Food & Culinary Professionals Dietetic Practice Group. Amy received her BS in dietetics from the University of California, Davis and her MS in nutrition communication from Tufts University Friedman School of Nutrition Science and Policy. Amy and her husband Scott Miller live in Sacramento, California.