

Johanna Dwyer, DSc, RD



Dr. Johanna Dwyer is Professor of Medicine (Nutrition) and Community Health at the Tufts University Medical School, and adjunct Professor of Nutrition at Tufts University Friedman School of Nutrition Science and Policy. She also serves as Senior Scientist at the Jean Mayer/USDA Human Nutrition Research Center on Aging at Tufts University, and is the Director of the Frances Stern Nutrition Center at Tufts Medical Center. Her major interests are in diet and its association with chronic disease risks and nutrition policy. Currently, she is actively investigating the role of various bioactives, including flavonoids, in chronic disease risk reduction. She also served as a Senior Nutrition Scientist in the Office of Dietary Supplements, National Institutes of Health from 2003-12, and as a contractor in the same role since 2012, while maintaining her ties at Tufts. At ODS she is responsible for several large projects, including studies of dietary supplement motivation and use, development of an analytically substantiated dietary supplement database and other dietary supplement databases, development of research on the assessment of dietary supplement intake and other topics.

Dr. Dwyer received her DSc and MSc from the Harvard School of Public Health, an MS from the University of Wisconsin, and completed her undergraduate degree with distinction from Cornell University. She is the author or coauthor of more than 270 research articles and 310 review and other articles published in scientific journals. The topics include obesity; dietary supplement databases; dietary treatment of end-stage renal disease; the role of dietary flavonoids in health; preventing diet-related disease in children and adolescents; maximizing quality of life and health in the elderly; vegetarian and other lifestyles; and databases for bioactive substances other than nutrients.